



A salute to Black History Month,
The Buffalo Urban League & Tops Friendly Markets proudly
present

2010 Taste of Soul

Cooking Competition & Family Food Festival

Saturday, February 27th, 2010
12:00pm – 3:00pm



Bring your family and friends for a salute to Black History month celebrating delicious foods from around the world including: African, Caribbean, Soul, Cajun, Creole, Southern and others
Free admission includes entertainment, community resource information and activities for children.

Location: Erie Community College City Campus Atrium
121 Ellicott St. Buffalo, NY 14203

Free parking at the Robert Adams Parking Ramp
Located on Ellicott Street (across from the NFTA Bus Terminal)

For information on how to enter a dish in the competition, please contact
Nikkei Goodwin at 250-2414



February 27, 2010

Buffalo Urban League Taste of Soul Family Festival

at ECC – City Campus – Atrium
121 Ellicott St.



Activities

Kids Corner – 12noon – 3pm

- 12noon – 3pm - Coloring Contest for ages 4-12
- 12noon – 1pm - Create your own healthy snack
- 1pm – 1:30pm - Exercise
- 1:30pm – 2pm - Storytelling
- 2pm – 3pm - Wheel of Prizes



Community & Health Information – 12noon – 3pm

Independent Health, American Diabetes Association, American Heart Association, Census Bureau, Cornell Cooperative Extension of Erie County & the United Way of Buffalo & Erie County



Health Screenings, H1N1 Vaccinations & more



Entertainment by – 12noon – 1pm

Pappy Martin's "Love Supreme" School of Music
Muhammad School of Music
Ms. Mary E. Craig, President, Erie Niagara Area Health Education Center
Ms. Mary Kate O'Connell, Artistic Director, O'Connell & Co.



Food Tastings – 1pm – 3pm

Erie Community College, Baker Victory WAY Program & Other Culinary Arts Programs



Special thanks to our Event Sponsors

from **Tops Friendly Markets** and **WNYSLC** and Erie Community College for their support.



*Dedicated to
Making a Difference*

For more information call 250-2414